

## Service Descriptions

**Erev Rosh Hashanah** – We will have one service this year, infused with an array of music and liturgy that speaks to our entire community. This service will feature both our Youth/Teen Choir and Band along with our adult Zimriyah Chorale.

**Rosh Hashanah Day I and Yom Kippur Morning Family Service** – This service will feature the Youth & Teen Choir and Band, as well as informal reflections from our clergy. If you have attended the generational service in previous years, many of the elements will remain. We have made enhancements to the service to be more inviting for families with students grades 2 through pre-B'nai Mitzvah. As in previous years, all generations are invited to join us for this rich service!

**Rosh Hashanah Day I and Yom Kippur Morning Late Service** – The late morning services will include our Zimriyah Chorale and musicians, as well as a traditional sermon offered by one of our clergy.

**Kol Nidrei** – As in years past, our two Kol Nidrei services are identical, both featuring Kol Nidrei played on cello and sung by our Rabbi/Cantor and choir, as well as a rabbinic sermon.

## Children's Service

To enhance their High Holy Day experience, we are including programming for our kindergarten through 2nd grade students. Programming (class, stories, art projects as well as exclusive children's services) will take place from 8:30 - 10:30 am on the first day of Rosh Hashanah and on Yom Kippur. Participants will be taken to the Family Service on Rosh Hashanah to hear the blowing of the shofar. Drop off and pick up will take place outside the school office. Please complete the registration form online at <https://cbisd.org/worship/high-holy-days/> to reserve a place for this program. If you have any questions, please contact Director of Congregational Learning Rose Orlovich, [rorlovich@cbisd.org](mailto:rorlovich@cbisd.org) or 858-900-2555.

## Childcare

Complimentary childcare will be available in the Bill and Sid Rubin Preschool for children ages 2-5 on Rosh Hashanah and Yom Kippur from 8:00 to 10:30 a.m. Pre-registration is required. Please complete the registration form online at <https://cbisd.org/worship/high-holy-days/>. For additional information, contact our Preschool Office at [schooloffice@cbisd.org](mailto:schooloffice@cbisd.org), or (858) 900-2531.

## Prayerbooks

We are happy to lend the Mishkan Hanefesh prayerbook for your use at services. You may also purchase your own prayerbooks; the cost is \$45. We have a limited number of books available for purchase and you may pick them up at the Welcome Table the day of services.

## Wheelchair/Disabled access

- If you are in need of seating assistance for a physical disability (wheelchair, walker, cane, etc.), please contact Caring Community Director Katey Lindley at [klindley@cbisd.org](mailto:klindley@cbisd.org) or (858) 900-2525.
- On the Go transportation solutions for older adults is providing free round trip transportation to High Holy Days services for adults age 60 and older. Call Jewish Family Service to enroll and make your reservation at (858) 637-7320. More information is available at [www.jfssd.org/onthego](http://www.jfssd.org/onthego).



## *Become a Member!*

Membership has its privileges, and the cost of tickets can be upgraded to a membership.

Contact Director of Membership & Engagement Bethany Eisenberg at [beisenberg@cbisd.org](mailto:beisenberg@cbisd.org) or (858) 900-2554, and join the Beth Israel community today!



Do a mitzvah!  
Make a difference!  
Join the Ner Tamid Circle!

Examples of benefits include:  
Extra High Holy Days Guest Tickets  
Discounts on facility rental  
Tribute and memorial cards

By joining the Ner Tamid Circle, you help make membership accessible and give the gift of belonging.

Contact:  
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(858) 900-2554.



2024/5785 HIGH HOLY DAYS  
FROM OUT OF THE DEPTHS  
FINDING HOPE



(L-R) Rabbi Arlene Bernstein, Cantor Emerita, Rabbi Cantor Jeremy Gimbel, Assistant Rabbi Elana Ackerman Hirsch, Senior Rabbi Jason Nevarez

## *From Our Senior Rabbi & President*

We have begun our sacred approach to High Holy Days 5785, a time of deep reflection, teshuvah (turning/repentance), and renewal. This past year has been one of profound challenges, pain, loss, and uncertainty for so many of us. Further, the burden of isolation and the struggles of facing an unpredictable world have touched each of our lives in different ways.

Yet, even in the midst of these hardships, we have seen the resilience of our community. We have found strength in one another, especially here at Beth Israel, and in the traditions that bind us together. It is during these sacred days that we are reminded of the enduring power to bring healing and hope into our lives.

This year's High Holy Day theme, "**From Out of the Depths, Finding Hope,**" will afford us opportunities to both acknowledge our

personal and collective pain and loss, while providing prayerful frameworks to embrace our potential for spiritual awakening and renewal. Together, we hope to leave inspired, seek forgiveness, extend compassion, and renew our commitment to living with purpose and Jewish joy!

Each year, celebrating the High Holy Days as a community gives us opportunities to pray, mourn, and hope together. Many of us also take this time to reconnect with fellow members in our physical spiritual home – our beautiful Beth Israel campus. We look forward to seeing you at Beth Israel for High Holy Day worship, discussion, and learning. May this Shana Tova (Good New Year) bring you and your loved ones wholeness, health, love, and peace.

Rabbi Jason Nevarez

John Lefter, President

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# HHD Schedule

\*SERVICE REQUIRES A TICKET FOR ENTRY

## S'lichot

**Saturday, September 28**

**5:00 p.m.** Young Family S'lichot & S'mores, Lower Field

**7:00 p.m.** S'lichot Program & Service, Foster Family Chapel

## EREV ROSH HASHANAH

**Wednesday, October 2**

**\*6:00 p.m.** Erev Rosh Hashanah Service, Glickman-Galinson Sanctuary

## ROSH HASHANAH

**Thursday, October 3**

**\*8:30 a.m.** Family Rosh Hashanah Service, Glickman-Galinson Sanctuary

**8:30 a.m.** Caffe Beth Israel, Feuerstein Family Activity Center

**\*11:00 a.m.** Morning Rosh Hashanah Service, Glickman-Galinson Sanctuary

**3:00 p.m.** Young Family Rosh Hashanah, Foster Family Chapel

**5:00 p.m.** Tashlich, La Jolla Shores (Lifeguard Station 32)

## ROSH HASHANAH 2nd DAY &

### SHABBAT SHUVAH

**Friday, October 4**

**9:00 a.m.** Rosh Hashanah Second Day Morning Service, Glickman-Galinson Sanctuary followed by a kiddush lunch

**11:15 a.m.** Hike with Rabbi Nevarez

**6:15 p.m.** Erev Shabbat Shuva Service, Foster Family Chapel

## KEVER AVOT

**Sunday, October 6**

**Time TBD** – Kever Avot Cemetery Memorial Service, El Camino Memorial Park

## KOL NIDRE

**Friday, October 11**

**\*5:30 p.m.** Kol Nidre Early Service, Glickman-Galinson Sanctuary

**\*8:00 p.m.** Kol Nidre Late Service, Glickman-Galinson Sanctuary

## YOM KIPPUR

**Saturday, October 12**

**\*8:30 a.m.** Family Yom Kippur Service, Glickman-Galinson Sanctuary

**\*11:00 a.m.** Yom Kippur Morning Service, Glickman-Galinson Sanctuary

### Food for Thought:

#### Session 1 – 12:00 – 1:00 p.m.

Rabbi Susan Freeman, Drawing on our Experiences to Create Visions of Hope

#### Session 2 – 1:15 – 2:15 p.m.

Sermon Talk Back with Rabbi Nevarez

**\*2:30 p.m.** Contemporary Confessions, Glickman-Galinson Sanctuary

**\*4:00 p.m.** Afternoon Service, Glickman-Galinson Sanctuary

**5:00 p.m.** Yizkor Service, Glickman-Galinson Sanctuary

**5:30 p.m.** Neilah Service, Glickman-Galinson Sanctuary

**6:15 p.m.** Break the Fast, Price Family Courtyard

## SUKKOT

**Thursday, October 17**

**10:00 a.m.** Chag Sukkot Morning Service in the Foster Family Chapel, lunch in the Sukkah to follow

## SHABBAT SUKKOT

**Friday, October 18**

**6:15 p.m.** Erev Shabbat Sukkot Service & Picnic in the Sukkah, Price Family Courtyard

## EREV SIMCHAT TORAH

**Wednesday, October 23**

**6:00 p.m.** Erev Simchat Torah Service followed by Israeli Dancing, Price Family Courtyard

## SIMCHAT TORAH

**Thursday, October 24**

**10:00 a.m.** Sh'mini Atzeret/Simchat Torah Yizkor Service in the Foster Family Chapel, lunch in the Sukkah to follow



We're pleased to welcome you to Beth Israel through our live streamed services.

Fifteen minutes before each service, use the link below for live streaming.

**Link:**  
<https://cbisd.org/worship/high-holy-days/>

**ALL SERVICES WILL BE LIVE STREAMED ON THE BETH ISRAEL YOUTUBE CHANNEL**



## Ticket Information

### HIGH HOLY DAYS TICKETS

- **Tickets are available on our website at <https://cbisd.org/worship/high-holy-days/>, or by phone at 858-535-1111.**
- **Tickets** acquired by Friday, September 20 will be mailed. Tickets acquired after Friday, September 20 will be placed in Will-Call at the Welcome Table for pickup day of services. Please keep your ticket(s) in a safe place to bring with you when attending services.
- **Complimentary tickets** are available on our website for college students through age 26, active-duty military, and the companion of disabled person.
- **Reciprocal tickets** may be requested on our website at <https://cbisd.org/worship/high-holy-days/>. For questions, contact Edie Winchester at [ewinchester@cbisd.org](mailto:ewinchester@cbisd.org) or 858-535-1111.
- **As a reminder**, Associate memberships do not include High Holy Day tickets. If you plan to attend services with us, please get a reciprocal ticket from your primary congregation.

## Parking & Security Information

- Parking information will be available on the Beth Israel website as the holidays grow closer at <https://cbisd.org/worship/high-holy-days/>. If needed, a free shuttle will be provided.
- For those with disabled parking placards, there is limited parking in Beth Israel's main parking lot off of Golden Haven Drive.
- Beth Israel is committed to the safety and security of those on our campus. Pursuant to that goal, Beth Israel prohibits bringing firearms or weapons of any kind on campus.

## Volunteer Opportunities

- Beth Israel needs you! Please consider being a volunteer at High Holy Days services. We need volunteers in the following areas:
  - ✓ Security Observers
  - ⚕ Medical Emergency
  - 🤝 Ushers/Greeters
- To sign up contact Heather Taylor-Williams at [heathertw@cbisd.org](mailto:heathertw@cbisd.org), or 858-900-2510.

## Campus Information & the Welcome Table

- Need tickets? Have questions? Please come to services on the day of and visit the Welcome Table. Staff will be available to assist starting one hour prior to services.
- Entry doors will open and tickets will be collected 30 minutes before services begin.
- We ask that everyone please exit in a timely fashion after services to allow time for our staff to prepare for the next service.



Beth Israel uses the Listen EVERYWHERE Hearing Assistance App for the hearing impaired. Download the App before you come on campus here:

