

COUNT YOUR BLESSINGS

Women of Beth Israel is counting on you!

The Women of Beth Israel (WBI) and our entire congregation have many blessings that we count every day. In reflecting on the past year, we ask you to pause for a minute and think about all that we are thankful for in our daily lives.

WBI strives to enrich the lives of all Beth Israel members by providing social and spiritual enrichment to our community, financial support to our Religious School and much more. Here are a few of the many wonderful ways that WBI assists our congregation:

- Supports our youth with scholarships, camperships and B'nei Mitzvah gifts.
- Aids our Caring Community projects and tzedakah efforts.
- Hosts Rosh Chodesh events for all women of our congregation.
- Enhances synagogue hospitality by ushering at Shabbat services and providing flowers for Onegs.
- Volunteers in the greater community at Rachel's Women's Center by bringing dinners and collecting items for donation.

As you reflect on your blessings, we ask you to provide financial support which will help us continue our Beth Israel community outreach. Contributors' names will be gratefully acknowledged in the Beth Israel quarterly.

Looking back on this past year and all it has taught us about family, friends and our greater community, we hope you will agree that this is a meaningful way to demonstrate your appreciation.

With gratitude,
Women of Beth Israel



Women of Beth Israel



COUNT YOUR BLESSINGS

Please read the 18 (Chai) blessings below, mark the ones you choose and add any others that you wish.

- Appreciating good friends and neighbors \$5 _____
- Having a roof over my head \$5 _____
- Celebrating joyful events with friends and family \$5 _____
- Practicing the mitzvah of helping others \$5 _____
- Feeling gratitude for the health of my loved ones and myself \$5 _____
- Taking pride in my children/ grandchildren/nieces and nephews \$5 _____
- Sharing a laugh with a good friend \$5 _____
- Getting away for a much needed vacation, near or far \$5 _____
- Walking on the beach with or without others \$5 _____
- Enjoying the miracle of a beautiful sunset \$5 _____
- Being able to forgive, forget and let go \$5 _____
- Curling up with a great book \$5 _____
- Exercising to replenish body and spirit \$5 _____
- Permitting myself to take a day off \$5 _____
- Treating myself to the pleasure of sleeping in \$5 _____
- Having the time to explore a new activity \$5 _____
- Finding comfort in my pet \$5 _____
- Feeling blessed to be part of the Beth Israel community \$5 _____
- **Even better**, I would like to honor ALL these blessings for \$72, \$72 _____
(a discount of \$18)
- **In addition**, I would like to donate to WBI in honor of my own
special blessings (\$5 each). Create your own:

_____ \$ _____

Total Donation: \$ _____

To make a donation either mail your check payable to **Women of Beth Israel** with this form to: **9001 Towne Centre Dr., San Diego, CA, 92122** or visit cbisd.org/getinvolved/wbi to make your donation online.

My Name _____

My Address _____

My E-Mail Address _____

My donation enclosed is \$ _____

To enable our efforts to enhance our congregation, we request that you send in your contribution by **Friday, October 20, 2023**. Many thanks for your support!!