



Ohr Ami – The Jewish Hospice Program
invites you to its

JEWISH BEREAVEMENT SUPPORT GROUPS

Facilitated by Rabbi Aliza Berk, LMFT

While each individual processes grief and loss differently, healing is enhanced by sharing with others who have experienced loss. Together, the group will address the social, psychological, emotional, religious and spiritual dimensions of the bereavement process from a Jewish perspective.

Offered in two locations:

Congregation Beth Israel (UTC)
Wednesdays 11:00 - 12:30 p.m.
May 25 and June 1, 8, 15, 22, 29

Seacrest Village (Encinitas)
Thursdays 1:00 - 2:30 p.m.
May 26 and June 2, 9, 16, 23, 30

Pre-registration is required.

For further information and to register, contact Rabbi Berk
by phone at 858-220-5412 or by email at alizaberk@gmail.com.

Cost: \$18 per session (financial assistance available)

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LightBridge Hospice Community Foundation

with a special contribution by Thomas Sickinger
in loving memory of Vera Sickinger z"l

Thanks to Congregation Beth Israel and Seacrest Village for hosting these groups.